

Horari	Dilluns	Dimarts	Dimecres	Dijous	Divendres
<b>13:10 - 14:00h</b>	FUNCIONAL	FIT BOXING	STRENGTH/TABATA	FIT CYCLING	CROSSALLE
<b>14:10 - 15:00h</b>	CYCLING	STRENGTH/TABATA	FIT CYCLING	FIT BOXING	CORE/MOBILITY
<b>17:00 - 17:45h</b>	FUNCIONAL	PILATES	FUNCIONAL	POWER PUMP	FUNCIONAL
<b>18h00 - 19:45h</b>	GAC	POWER PUMP	GAC	TONO/CARDIO	TONO TRX
<b>19h00 - 20:45h</b>	POWER PUMP	CYCLING	TONO TRX	PILATES	CORE/STRETCHING
<b>20:00 - 21:45h</b>	FIT CYCLING	TONO TRX	FIT CYCLING	CYCLING	